

**NEW PLENVU®**  
 Powder for Oral Solution  
 PEG 3350, Sodium Ascorbate, Sodium Sulfate, Ascorbic Acid, Sodium Chloride, and Potassium Chloride  
 140g | 48.11g | 9g | 7.54g | 5.2g | 2.2g

**2-Day Split-Dosing**

If you're starting PLENVU® the **evening** before your colonoscopy,  
**Here's How to Prep**

Date of colonoscopy: \_\_\_\_/\_\_\_\_/\_\_\_\_

Location of colonoscopy: \_\_\_\_\_

Time of colonoscopy: \_\_\_\_\_ AM/PM

Nothing to drink after: \_\_\_\_\_ AM/PM

**EVENING**

PLENVU® Dose 1:

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Day of Week: M T W Th F S Su

Time: \_\_\_\_\_ PM

**MORNING**

PLENVU® Dose 2:

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Day of Week: M T W Th F S Su

Time: \_\_\_\_\_ AM

Note: actual solution is clear.

**Stop drinking liquids at least 2 hours before your colonoscopy** or as recommended by your healthcare provider.

**TAKE DOSE 1**

1. Use the mixing container to mix the contents of the Dose 1 pouch with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 to 3 minutes. Take your time—slowly finish the dose within 30 minutes.
2. Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within 30 minutes.

WAIT APPROXIMATELY 12 HOURS FROM THE START OF DOSE 1, THEN...

**TAKE DOSE 2**

1. Use the mixing container to mix the contents of Dose 2 (Pouch A and Pouch B) with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 to 3 minutes. Take your time—slowly finish the dose within 30 minutes.
2. Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within 30 minutes.

**HELPFUL TIP: PLENVU® can be refrigerated. Use within 6 hours after it's mixed with water.**

**INDICATION**

PLENVU® (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

**IMPORTANT SAFETY INFORMATION**

- Do not take PLENVU® if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine

(bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU®.

**Please see additional Important Safety Information on back and accompanying full Prescribing Information, including Medication Guide and Instructions for Use.**